# Canteen List 2016

## Healthy Choices

<table>
<thead>
<tr>
<th>SANDWICHES</th>
<th>HOT FOOD</th>
</tr>
</thead>
</table>
| Pita Wraps or Salad Tray  
Choice of ham, chicken or tuna  
(Lettuce, tomato, cucumber, carrot, beetroot, cheese, mayo) | FRIDAY ONLY  
Hot dog plain | $5.50  
Hot dog sauce | $3.00  
Hot dog with cheese | $3.20  
Hot dog with cheese and sauce | $3.30 |

| Salad (no meat) | Fish Burger  
(Lettuce, tomato, cheese and tartare sauce) | $3.50  
Ham & Salad | Lasagne or Fish with salad | $4.50  
Egg & Salad | Hot Fresh Chicken Roll  
(Gravy or Mayo) | $4.00 |

| Fresh Chicken & Salad | Pizza (Hawaiian) | $4.80  
Tuna & Salad | Baked Potato with bolognaise or with coleslaw | $4.50  
Fresh Chicken & Avocado | Homemade Spaghetti Bolognaise | $4.30  
Fresh Chicken | Fried Rice | $4.50  
Vegetable | Meat Pie | $3.00  
| | Sausage Roll | $2.60  
Rolls (extra) white/wholemeal  
All sauces | Party Pie or Party Sausage Roll | $1.20ea  
Fillings (extra)  
Avocado (extra) | |  
Bertie Boiled Egg | |  
| | |  
TOASTED SANDWICHES  
Ham & Cheese | Homemade Hamburger with lettuce, tomato and cheese | $3.20  
Ham, Tomato, Cheese | | $3.60 |

<table>
<thead>
<tr>
<th>SNACK FOODS</th>
</tr>
</thead>
</table>
| Ham & Pineapple | Muffins Blueberry or Banana | $3.60  
Chicken & Cheese | JJ's  
(Burger, Chicken, Salt & Vinegar, Pizza) | $3.80  
Chicken, Tomato, Cheese | Popcorn - buttered | $4.20  |

<table>
<thead>
<tr>
<th>DRINKS</th>
</tr>
</thead>
</table>
| Strawberry Smoothie | Frozen Yoghurt Cups | $3.00  
Flavoured Milk  
(Chocolate, Strawberry or Banana) | Fresh Fruit Cup, Custard Fruit Cup or Yoghurt Fruit Cup | $2.00  
Bottled Water 600ml | Mudslide/Rainbow Slide | $2.00  
Juice - Apple & Blackcurrant, Orange or Apple | Juicilies Icy Pole | $2.00  
Quench (lemon & lime, apple & raspberry, orange) | Zing Yoghurt  
Zing Jelly | $2.50  

Please provide a brown paper bag with name, grade and lunch order. 10c for lunch bag if not supplied.  
Please remind your child if ordering a frozen or cold treat, to bring their bag to the canteen for collection.  
PLEASE NOTE HOT DOGS WILL ONLY BE SOLD ON FRIDAYS!  
Thanks kindly, Debbie.