

CANTEEN LIST 2016

HEALTHY CHOICES

HOT FOOD

Pita Wraps or Salad Tray Choice of ham, chicken or tuna (Lettuce, tomato, cucumber, carrot, beetroot, cheese, mayo)	\$5.50	FRIDAY ONLY Hot dog plain Hot dog sauce Hot dog with cheese Hot dog with cheese and sauce	\$3.00 \$3.20 \$3.30 \$3.50
SANDWICHES White or wholemeal		Souvlaki Wraps Beef or Chicken Lettuce, tomato, cheese Tzatziki, satay or sweet chilli sauce	\$5.50
Salad (no meat)	\$3.50	Fish Burger (Lettuce, tomato, cheese and tartare sauce)	\$4.50
Ham & Salad	\$4.50	Lasagne or Fish with salad	\$5.00
Egg & Salad	\$4.00	Hot Fresh Chicken Roll (Gravy or Mayo)	\$4.00
Fresh Chicken & Salad	\$4.80	Pizza (Hawaiian)	\$3.00
Tuna & Salad	\$4.50	Baked Potato with bolognaise or with coleslaw	\$4.50
Fresh Chicken & Avocado	\$4.30	Homemade Spaghetti Bolognaise	\$4.50
Fresh Chicken	\$3.80	Fried Rice	\$4.50
Vegetemite	\$2.20	Meat Pie	\$3.00
Rolls (extra) white/wholemeal	.40	Sausage Roll	\$2.60
All sauces	.20		
Fillings (extra)	.40	Party Pie or Party Sausage Roll	\$1.20ea
Avocado (extra)	.60		
Bertie Boiled Egg	.80	Chicken Nuggets Or 3 for \$2.80	\$1.00
TOASTED SANDWICHES		Steamed Dim Sims Soy sauce Tomato Sauce	\$1.00 .20c .20c
Ham & Cheese	\$3.20	Homemade Hamburger with lettuce, tomato and cheese	\$4.50
Ham, Tomato, Cheese	\$3.60	SNACK FOODS	
Ham & Pineapple	\$3.60	Muffins Blueberry or Banana	\$2.00
Chicken & Cheese	\$3.80	JJ'S (Burger, Chicken, Salt & Vinegar, Pizza)	\$1.00
Chicken, Tomato, Cheese	\$4.20	Popcorn - buttered	\$1.00
DRINKS		FROZEN/COLD TREATS	
Strawberry Smoothie	\$3.00	Frozen Yoghurt Cups	\$2.00
Flavoured Milk (Chocolate, Strawberry or Banana)	\$2.00	Fresh Fruit Cup, Custard Fruit Cup or Yoghurt Fruit Cup	\$2.50
Bottled Water 600ml	\$2.00	Mudslide/Rainbow Slide	\$2.00
Juice - Apple & Blackcurrant, Orange or Apple	\$2.00	Juicies Icy Pole	\$1.00
Quench (lemon & lime, apple & raspberry, orange)	\$2.50	Zing Yoghurt Zing Jelly	\$1.00 .60

Please provide a brown paper bag with name, grade and lunch order. 10c for lunch bag if not supplied.
Please remind your child if ordering a frozen or cold treat, to bring their bag to the canteen for collection.

PLEASE NOTE HOT DOGS WILL ONLY BE SOLD ON FRIDAYS!

Thanks kindly, Debbie.

