

ROLLINS PRIMARY SCHOOL

Rollins Campus

Wolseley Grove

BELL POST HILL. 3215

Tel: 5278 3022

Fax: 5272 1917

Principal: Jenny Hassett



Batesford Campus

Old Ballarat Road

BATESFORD. 3221

Tel: 5276 1290

Fax: 5276 1204

Assistant Prin: Tim Callaghan

Email: rollins.ps@education.vic.gov.au

HEALTH PROMOTING SCHOOL POLICY

Definition:

A Health Promoting School (HPS) is a school community that takes action and places priority on creating an environment that will have the best possible impact on the health of students, staff and the wider school community. A HPS takes action to promote and protect the social, physical, intellectual, mental and emotional health of its members.

Rationale:

Evidence indicates that school health programs, which are comprehensive and integrated, and include the curriculum, the environment and the community, are more likely to lead to advancements in the health of school children and adolescents.

Aims:

To build a strong and healthy school community, knowledgeable of the choice services available and skilled in the making of decisions and choices.

Implementation:

The HPS strategy will be based upon the 'Health Promoting Schools Framework – A Whole School Approach' program available at <https://www.achievementprogram.health.vic.gov.au/education/schools/core-program-elements/a-whole-school-approach.html>

The HPS strategy will be based upon the following dimensions of the HPS framework and components:

Leadership and Commitment:

Gain leadership support to make sure your health and wellbeing policies and practices are carried out across the school.

School Organisation, Healthy Physical Environment:

Make sure your buildings, facilities and practices support health and student wellbeing.

Healthy Culture:

Create a school culture that supports healthy behaviours for everyone.

Student Learning and Teaching:

Embed health and wellbeing messages in your curriculum and support students to develop knowledge and skills to make healthy choices and habits.

Supported Staff:

Ensure staff have access to resources and support for their own health and wellbeing.

Families and Community Partnerships:

Build relationships, access expert health programs, and promote health and wellbeing to staff, students, families and your whole community.

Evaluation:

This policy will be reviewed as part of the Rollins Primary School Review Cycle.

This Policy was ratified by School Council on

Date: ___/___/20__

Signed: _____
(School Principal)

Signed: _____
(School Council President)